

# Monthly Air Quality Bulletin

## January-2026



**STATE POLLUTION CONTROL BOARD, ODISHA**

**FEBRUARY-2026**

# 10 Ways To Beat Air Pollutions



## CONSERVE ENERGY

Turn off lights and electronics when not in use at home, at work, everywhere.

## USE PUBLIC TRANSPORT

Consider public transport, carpool, cycle or walking as options for commuting.

## RAISE AWARENESS

Raise awareness in your community about the ill-effects of air pollution and how to counter it.

## RECYCLE

Help reduce the amount of waste produced by recycling.

## BETTER WASTE MANAGEMENT

Avoid open-air burning of waste, and segregate waste according to the municipal norms.

## SAY NO TO FIRECRACKERS

Use traditional 'diyas' and 'kandils' to decorate and celebrate festivals and events.

## ALTERNATIVE ENERGY SOURCES.

Use green alternative energy like unleaded petrol and CNG.

## REGULAR POLLUTION CHECKS FOR VEHICLES

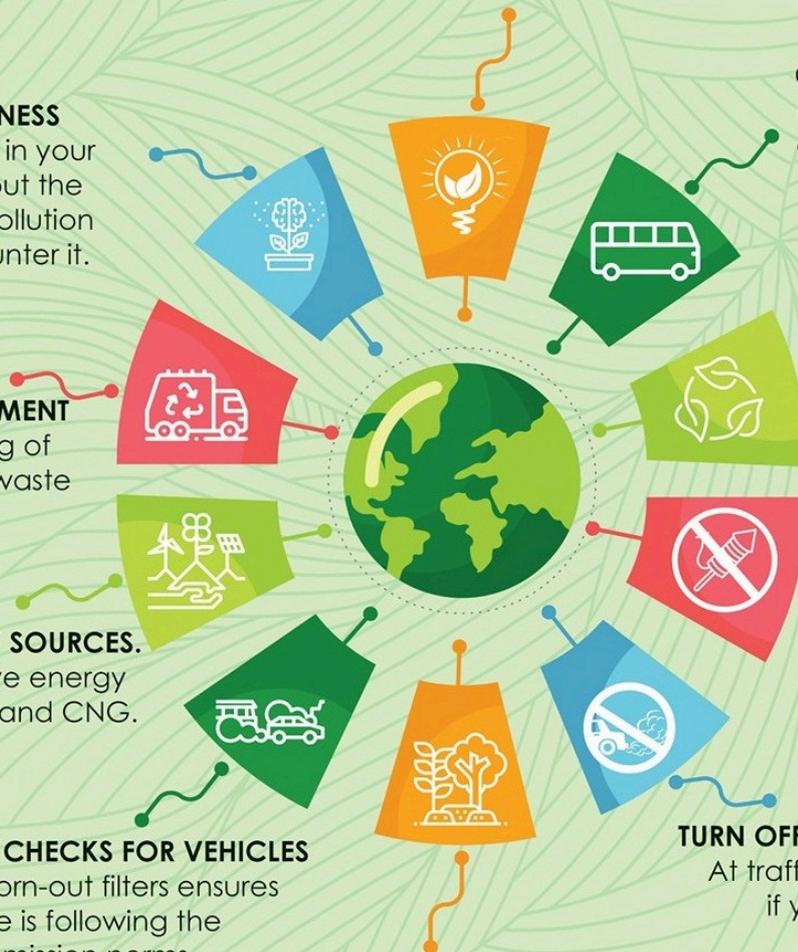
Replacement of worn-out filters ensures that the vehicle is following the prescribed emission norms.

## TURN OFF CAR ENGINES WHEN NOT IN USE

At traffic signals, turn off your engine if you need to stop for more than 30 seconds.

## PLANT MORE TREES

Trees help us absorb excess carbon dioxide and reduce greenhouse emissions.





### Air Quality Index (AQI) Data Comparison

City: Angul

January-2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

January-2026

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### Air Quality Index (AQI) Data Comparison

City: Balasore

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			1	2	3	4
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## Air Quality Index (AQI) Data Comparison

### City: Barbil

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## Air Quality Index (AQI) Data Comparison

### City: Baripada

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14 NA	15	16	17	18
19	20	21	22	23	24	25
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## Air Quality Index (AQI) Data Comparison

### City: Bhubaneswar

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## Air Quality Index (AQI) Data Comparison

### City: Beleipada

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9 NA	10	11
12	13	14	15	16	17	18
19	20	21 NA	22	23	24 NA	25 NA
26 NA	27	28	29	30	31	

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## Air Quality Index (AQI) Data Comparison

### City: Brajrajnagar

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## Air Quality Index (AQI) Data Comparison

### City: Cuttack

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### City: Kalinga Nagar

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## Air Quality Index (AQI) Data Comparison

### City: Keonjhar

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### City: Nayagarh (Keonjhar)

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### City: Rourkela

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### City: Suakati

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### City: Tensa

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18	19 NA	20 NA	21 NA	22 NA	23 NA	24 NA
25 NA	26 NA	27 NA	28 NA	29 NA	30 NA	31 NA



# HEALTH EFFECTS OF AIR POLLUTION



HEART  
ISSUES



LUNG  
ISSUES



WORSENS  
ASTHMA



EYE, NOSE, &  
THROAT IRRITATION

## WHO IS MORE AFFECTED



SENIOR  
CITIZENS



CHILDREN &  
TEENAGERS



ADULTS WITH  
HEART OR LUNG  
DISEASE



OUTDOOR  
WORKERS

**BE A PART  
OF SOLUTION  
NOT POLLUTION**



**State Pollution Control Board, Odisha**  
A/118, Nilakantha Nagar, Unit-VIII, Bhubaneswar-751012, Odisha, India